

FREQUENTLY ASKED QUESTIONS

Q: What kind of tests are available?

- We are glad to offer two testing options:
 - **ANTIBODY TESTING** - Also called Serology Test, checks your body's response to infection.
 - **VIRAL TESTING (SWAB)** - Detects the virus and tells you if you have a current infection.

Q: Who Should get the Antibody Test? ***

- If you remember getting ill over the last few weeks or months, and are wondering if it was COVID-19, you may opt for this test. The Antibody test will detect antibodies against the virus in your blood.
- If you had COVID-19 in the past, or you strongly suspect that you were exposed recently, you may opt for this test.
- **IMPORTANT NOTE:** The Antibodies may take a few days to up to 3 weeks to develop.

Q: What do the results of the Antibody Test mean?

- Interpretation is not straightforward, but in general:
 - If the test is positive, AND you have NO symptoms of COVID-19, you were likely infected by the SARS-CoV2 Virus in the past.
 - If the test is negative, you were probably NOT infected with the virus in the past.
- **IMPORTANT NOTE:** A negative test does NOT mean that you do not currently have an infection. Even if you have no symptoms, you would need a Viral (Swab) test to check if you currently have the infection.

Q: If I tested POSITIVE on the Antibody Test, do I need to Socially Distance?

- YES!
- Your provider may need to do a Viral Test (Swab) and gather other health information to give a clearer recommendation on the next steps for you. Until then, continue to protect yourself and your loved ones by taking preventative measures, as per CDC Guidelines.

Q: Who Should get the Viral Test (Swab)? ***

- YOU SHOULD TAKE THE VIRAL TEST IF:
 - YOU have symptoms of COVID-19.
 - YOU are exposed to COVID-19 positive individuals.
 - YOU are a high-risk individual because of the nature of your job.
 - YOU are a high-risk individual due to other pre-existing health conditions.
- **IMPORTANT NOTE:**
 - A Positive test result means you currently HAVE the viral infection.
 - A Negative test result means you were probably not infected at the time your sample was collected.

****These are general guidelines, individual recommendations and interpretations may vary*

IF YOU TEST POSITIVE OR NEGATIVE FOR COVID-19 ON AN ANTIBODY OR VIRAL TEST, YOU SHOULD STILL CONTINUE TO TAKE PREVENTATIVE MEASURES TO PROTECT YOURSELF AND OTHERS.

A GUIDE TO STAYING SAFE AS TEXAS REOPENS

Courtesy of Eldridge Urgent Care and Family Medicine

Because we care ...

LOWEST RISK



HOME ALONE OR WITH HOUSEMATES

- Stay home as much as possible.
- Try to allow only people you live with into your home.
- Wash your hands.
- If you're sick, stay home and isolate from housemates.

MODERATE RISK



OUTDOOR ACTIVITIES

- Wash your hands and don't touch your face.
- Stay at least 6 feet from people you don't live with.
- Wear a mask.
- Avoid shared surfaces, like swings or benches.

HIGHER RISK



OUTDOOR GATHERINGS

- Wash your hands and don't touch your face.
- Stay at least 6 feet from people you don't live with.
- Wear a mask.
- Don't share food, toys, and other items, and avoid shared surfaces.
- Participate in events like these infrequently.

HIGHEST RISK



INDOOR GATHERINGS

- Wash your hands and don't touch your face.
- Stay at least 6 feet from people you don't live with.
- Wear a mask.
- Don't share food, toys, and other items, and avoid shared surfaces.
- Open windows for better ventilation.
- Try to avoid gathering indoors as much as possible.

Prepare, Fight, DON'T Panic

TRY OUR IMMUNITY BOOSTER PACK

- Antioxidants, Vitamin D, and Probiotics

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